

# Yes, No, Maybe, BDSM-List

## Get to know your (and your partner's) fetishes, boundaries & wishes

(The original: [http://thatotherpaper.com/austin/yes\\_no\\_maybe](http://thatotherpaper.com/austin/yes_no_maybe) - revised and expanded by queer\_topia\*translate | queertopia.de)

Hello,

I'm glad you've discovered this list. It is meant to support you in finding out, recognizing and communicating your own needs and boundaries around the topic of BDSM, kinks and sexuality. This can support you in living physical closeness and/or BDSM and/or sexuality consensually, i.e. according to the principle of (pleasurable) consent of all partners involved in concrete actions<sup>1</sup>.

You can fill in this list alone and/or with a partner/partners. Your answers (and needs) may also vary depending on your partner/situation/mood/etc.

Some statements are difficult to make in general because they are so changeable. Having an awareness of the variability of one's own needs and boundaries can give more confidence in expressing them to partner/s.

Perhaps the beginning of the text looks familiar? There is also another Yes, No, Maybe – List, which does not have such a strong focus on fetishes, BDSM but on many other issues around boundaries and needs related to sexuality and intimacy. I can highly recommend it as a addition. You can find it here: [www.queertopia.de/dl-Yes-No-Maybe-List](http://www.queertopia.de/dl-Yes-No-Maybe-List)

### **Description for the column ,Interest‘**

5 - completely into it

4 - like/rather into it

3 - neutral - neither good nor bad

2 - rather not into it/only under specific conditions

1 - not into it at all

0 - unsure/don't know – would like to test it?

Sometimes a single letter is not enough. Then it can help to write a longer thought.

**Content warning: Explicit sexual\_BDSM words are used below.**

Have fun filling it out! :-)

---

<sup>1</sup> In the following list the term partner is often used. This means the person with whom you live sexuality - which does not have to mean that you are in a certain form of relationship with each other.

## Words & Terms

I would like the following words to be used for my gender identity (e.g., woman, man, boy/boi, femme, butch, genderqueer, guydyke):

I would like my chest to be referred to as follows:

I would like my genitals to be referred to as follows:

I would like my romantic and/or sexual orientation and/or identity (e.g., biromantic, asexual, lesbian, pansexual\_romantic, gay, queer) to be referred as follows:

I do not want myself/my identity/my body or \_\_\_\_\_ be referred to in the following way during any kind of sexual\_BDSM activity:

Concerning my role in the dynamic I would describe myself as... (Top, bottom, dominant, submissive, etc):

In my role I would like to be called... (e.g. good girl/boy/enby, Sir, Master, Mistress, kitten, only by name etc.):

I am happy to use following words or terms for addressing my partner(s) (e.g. Madam, Mistress, Sir, your highness, my pet, their name etc.):

I'm triggered by<sup>2</sup> certain words or language:

Are some words okay in some situations but not in others?

How flexible am I when my partner wants to name something differently than I do?

Why do I use the words for the parts of my body that I use?

---

<sup>2</sup> I have a stress response that is triggered by the memory of a traumatic experience.

## THE LIST

Kink	Experience? (Y, N / No Go /NG = Never)	Interest 0 to 5	- Give/ Receive/ Versatile - Dome/ sub/ Switch	Notes & Nuances
69				
24/7				
Age play				
Anal douching				
Anal play				
Beating (hands)				
Beating (padded clubs)				
Being bitten				
Being serviced (sexual)				
Blood play				
Bondage (light)				
Bondage (heavy/suspension)				
Bondage (intricate/Japanese style)				
Breath play				
Bruises				
Butt plugs				
Cage				
Caning				
Cell popping				
Chains				
Clothing				
Chastity belts				
Choking				
Clothespins				
Corsets				
Cross-dressing				
Crying				
Cuckolding				
Cuffs (leather/metal)				
Degradation/Humiliation				
Dildos				
Dirty talk				
Double penetration				
Electricity				
Erotic dancing				
Exhibitionism				
Eye contact restrictions				
Eye patches				
Face fucking/sitting				
Face slapping				
Facial				
Figging				
Fire Play				

<b>Kink</b>	<b>Experience? (Y, N / No Go /NG = Never)</b>	<b>Interest 0 to 5</b>	<b>- Give/ Receive/ Versatile - Dome/ sub/ Switch</b>	<b>Notes &amp; Nuances</b>
Fisting anal				
Fisting vaginal				
Flogging				
Food play (cucumbers, sorbet...)				
Foot worship				
Gags				
Gangbang				
Genital sex				
Golden shower				
Hair pulling				
Hairbrush spankings				
Hand jobs				
Hickeys				
High heels				
Hot waxing (candles)				
Ice cubes				
Kissing				
Kneeling				
Knife Play				
Leather clothing				
Leather restraints				
Lingerie				
Manacles & Irons				
Marks				
Massage				
Modeling for erotic photos				
Masturbation				
Needle play				
Negotiation				
Nipple Clamps				
Nipple play/"torture"				
Oral vaginal_penis_... play				
Orders				
Orgasm control				
Orgasm denial				
Orgy				
Outdoor sex/scenes				
Over-the-knee spanking				
Pain (soft)				
Pain (mild to severe)				
Penetration sex				
Penis rings/straps				
Pet Play				
Phone sex				
Pinching				

Kink	Experience? (Y, N / No Go /NG = Never)	Interest 0 to 5	- Give/ Receive/ Versatile - Dome/ sub/ Switch	Notes & Nuances
Playfight				
Play Kidnapping				
Play Rape				
Punishment Scene				
Reading erotic literature				
Riding crops				
Rubber/latex clothing				
Saran wrapping				
Scat Play				
Scenes (prison, religious, etc.)				
Scratching				
Sensory deprivation				
Serving as a maid/butler				
Sextoys				
Sexting				
Shaving				
Shoe/boot worship				
Slutty clothing (private or public)				
Sneakers & socks				
Spanking				
Speculum play				
Spitting				
Spreader bars				
Standing in corner				
Stocks				
Strap-on dildos				
Stripping				
Swallow semen_squirt_...				
Swapping (with one other couple)				
Swinging (multiple couples)				
Tattooing				
Teasing				
TENS Unit (electrical toy)				
Thumbcuffs (metal)				
Tickling				
Total Power Exchange TPE				
Triple Penetration				
Uniforms				
Urethral Play				
Vagina_penis_... whipping/spanking				
Vagina_penis_... worship				

<b>Kink</b>	<b>Experience? (Y, N / No Go /NG = Never)</b>	<b>Interest 0 to 5</b>	<b>- Give/ Receive/ Versatile - Dome/ sub/ Switch</b>	<b>Notes &amp; Nuances</b>
Vanilla Sex				
Vibrator on genitals				
Video (Recordings)				
Violet Wand (electrical toy)				
Voyeurism				
Watching porn				
Water Play				
Wearing symbolic jewelry				
Whips				
Wooden paddles				
Wrestling				

<b>Safer sex</b>	
<b>Allergies</b>	
<b>Medical conditions</b>	
<b>Aftercare issues</b>	
<b>All your NO GOs (one more time)</b>	
<b>Why do you like your kinks?</b>	
<b>Other fun stuff/ideas</b>	

## Closing

Taking plenty of time to make clear arrangements can be important to avoid boundary violations.

Even if all parties involved do not want to violate boundaries, this can happen unintentionally.

This list is a suggestion to deal with (your own) boundaries and needs without claiming to be complete. Getting to know your needs and boundaries around BDSM, sexuality and physical closeness is an exciting, challenging lifelong process. We are happy if this list accompanies you on your way for a longer time or again and again.

Have fun!

queer\_topia\*

## Further reading:

- queer\_topia\* <https://queertopia.de/> ig,fb: queer\_topia
- Yes, No, Maybe - List - Questions about body, sexuality and boundaries [www.queertopia.de/dl-Yes-No-Maybe-List](http://www.queertopia.de/dl-Yes-No-Maybe-List)
- FetLife Kink List (even more kinks;) - [www.queertopia.de/dl-Fetlife-Kink-List](http://www.queertopia.de/dl-Fetlife-Kink-List)
- Safer Sex Guide <https://www.daniela-thoerner.de/projekte/safer-sex-handbuch/>
- Learn Good Consent <https://www.phillyspissed.net/sites/default/files/learning%20good%20consent2.pdf>
- Consent in Practice <https://www.youtube.com/watch?v=guo0ep-BLJY&index=4&list=PLFpW38zb8tzpskLQcp5WOh2lHLMorTiux>
- We love consent <https://wirliebenkonsens.wordpress.com/>